



REVIEWS

Helen Lederer's Not That I'm Bitter A Truly, Madly, Funny Memoir

Published by Mirror Books
11th April 2024

'Irrepressibly, unrepentantly funny'
The Observer

'I devoured this book in one sitting. Funny, touching, and important. It proudly sits on my bookshop amongst my favourite autobiographies. A must read'
Susan Calman

'It hardly needs saying for anyone who knows Lederer's work, this is a very funny book. Moving and touching, but also not short on burst-out-giggling passages.'
Bruce Dessau, Beyond The Joke

'Despite the title there's surprisingly little bitterness or score-settling in Helen's no holds barred book; it's confessional and self-lacerating almost to the point of being painful (there's always an embarrassing mishap just around the corner) as well as being very funny indeed.'
Simon Evans, Choice Mag

'Helen Lederer's new book is a rare thing in showbiz circles – an honest memoir. In fact, the comedienne may well have created a new genre with her examination of all the ugly emotions – shame, envy, rivalry, failure, humiliation – mixed with healthy doses of laugh-out-loud humour.'
Hello! Magazine

'An hilarious, anecdote-packed book'
Best Magazine

'...her book proves Malcolm Gladwell's theory that autobiographies written by people on lower rungs on the ladder are more interesting and entertaining than those by the people at the top.'
The Guardian

'In this honest, laugh-out-loud memoir, the star pulls no punches. Brilliant.'
Woman Magazine

'It's very funny, at points sad, and very revealing about what it was like to be a comedian back in the day'
'Incredibly honest'
'A real slice of life. Hilarious'
Jane and Fi, Times Radio

'I really enjoyed it. You're very honest. We love you, Helen'
BBC Breakfast

'A fascinating story. I urge you to get a copy!'

Michael Ball, BBC Radio 2

'Incredibly well written'

Susannah Reid, ITV Good Morning Britain

'Comedy legend is lifting the lid on 40 years as one of Britain's funniest women in her memoir, Not That I'm Bitter. A terrific read, beautifully written, full of funny moments'

ITV Good Morning Britain

'A lovely read'

Ireland AM

'A really honest autobiography'

BBC Radio Merseyside

'She's made me laugh out loud a few times whilst listening and she doesn't shy away from more difficult issues around mental health. Informed, entertaining and totally engaging. I loved every minute of this which I polished off in a couple of evenings.'

Anita W, NetGalley

'What a fantastic laugh out loud read it was, following the ups & downs of trying to be a stand-up comic in the 1980's.'

Debs Book Reviews

'Known for her expressive face, unique wit, and observational humour Lederer is bloody funny and brilliantly brave. You feel she hasn't had an easy ride of it, but you want to jump right on her bandwagon and drive her forward to where she belongs. Bravo Helen. We love you.'

Love Reading

'Helen Lederer's memoir, "Not That I'm Bitter," is an absolute gem that had me laughing out loud from start to finish. With her witty and sharp writing style, Lederer takes us on a rollercoaster ride through her life in the 1980s alternative comedy scene, where she navigates the ups and downs of being one of the few women in a male-dominated industry.'

Good Reads

'A must read. I couldn't put this book down - the clever humour mixed with a line of authentic warmth and storytelling makes this a must read - revelatory on every page.' 5 stars

Marie Crundwell, Waterstones Reviews

'A hilarious life story with all of the good and the bad bits, all told in Helens incomparable self-deprecating tone. Rarely does a book leave me with a real spring in my step but this one is the epitome of feel good.'

5 stars

L. J. Batty, Amazon Reviews

'Enjoying the lols in @HelenLederer book very much. The massage parlour!'

Julian Clary, Twitter

'I've always absolutely LOVED @HelenLederer – incredibly talented & incredibly funny! I'm ¾ through her new book & it is ABSOLUTELY BRILLIANT! If you're a fan buy it & remind yourself why...if you're not a fan buy it & find out that you're wrong! SUPERB! Cx'

Christian Patterson, Twitter

'a fantastic memoir... authenticity on the page - it's what an autobiography should be'

Richard Herring

'The reviews for this book are off the scale – it's moving, It's funny - I loved this book ! it made me smile, it made me sad and uplifted'

Quick Book Review Podcast